

Instructions for use:

- 1. Place handle as close to Pulley Wheels as possible.**
- 2. Make sure handle is next to Pulley Wheels, stand holding product by side panels horizontal to floor. Pull outward to fully extend cord.**
- 3. Once location is determined, pull slightly outward on side panels before using fabric fasteners to close front, right over left.**
- 4. Pull handle away from fabric fastener and across body, placing handle anywhere on fabric fastener strip encircling side panels to achieve support desired. Loosen the same way.**

